# Evaluation of protective shielding thickness for diagnostic radiology rooms: Theory and computer simulation

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This work presents the development and evaluation using modern techniques to calculate radiation protection barriers in clinical radiographic facilities. Our methodology uses realistic primary and scattered spectra. The primary spectra were computer simulated using a waveform generalization and a semiempirical model (the Tucker–Barnes–Chakraborty model). The scattered spectra were obtained from published data. An analytical function was used to produce attenuation curves from polycromatic radiation for specified kVp, waveform, and filtration. The results of this analytical function are given in ambient dose equivalent units. The attenuation curves were obtained by application of Archer's model to computer simulation data. The parameters for the best fit to the model using primary and secondary radiation data from different radiographic procedures were determined. They resulted in an optimized model for shielding calculation for any radiographic room. The shielding costs were about 50% lower than those calculated using the traditional method based on Report No. 49 of the National Council on Radiation Protection and Measurements. (© 2002 American Association of Physicists in Medicine. [DOI: 10.1118/1.1427309]

## I. INTRODUCTION

The progression of using artificial sources of radiation is strongly related to the development of efficient methods for protecting workers and the public from the potential risks of these sources. These methods have been studied and improved since the earliest times of medical use of radiation. Archer<sup>1</sup> published a very clear description of the history of radiation shielding. This author described five historical periods since the last years of 19th century until the last decade as the main concepts of radiation protection were developed. Archer describes the development of radiation shielding methodology starting from the basic recommendations of Report No. 6 of the National Council on Radiation Protection and Measurements (NCRP),<sup>2</sup> and concluding with comments regarding the revision process of NCRP Report No. 49<sup>3</sup> (hereafter referred to as NCRP49).

NCRP49 presents methodologies to determine protective shielding for diagnostic and therapeutic x-ray rooms. It was written more than two decades ago and, in the case of diagnostic shielding, uses data obtained with x-ray technologies that are not in use anymore. Moreover, the NCRP49 formulation and data do not include information regarding mammography, computed tomography and digital radiography room shielding. Other limitations of this report include a lack of information regarding other shielding materials (besides lead and concrete), the conservatism of the "add one HVL" rule,<sup>4</sup> questions about limits for film storage, use and occupancy factors, and other design details.

Based on these arguments, the NCRP and the American Association of Physicists in Medicine (AAPM) constituted Task Group 9 with the aim of performing a revision for a new version of NCRP49. Since its creation, members of the Task Group 9 have published several papers<sup>5–13</sup> improving data and reviewing methods for shielding calculation for diagnostic rooms.

This work presents contributions for this new shielding evaluation method, taking into account the primary and scattered radiation energy distributions, as well as workload spectra<sup>5,14</sup> for diagnostic imaging modalities. The main object of the investigation was the development of a method for determining the thickness of a given material required to provide the proper attenuation for primary, scattered and leakage radiation spectra that reach a structural barrier in a radiological room. This methodology was combined with new information regarding spectral distributions of radiation scattered by a phantom in order to allow the determination of ambient dose equivalents in x-ray rooms. The product of this work consists of a model that provides a more accurate treatment for the problem of determining shielding thickness of barriers necessary for radiological room protection. The present work is a contribution for the search of a costeffective formulation for diagnostic x-ray shielding.

#### **II. METHODOLOGY**

The present work proposes the generalization of formulations proposed by Dixon and Simpkin<sup>9</sup> for primary barriers and Simpkin and Dixon<sup>12</sup> for secondary barriers. This generalization consists in taking into account primary and secondary radiation spectra modulated by realistic workload distributions and evaluated in ambient dose equivalent units. To carry out these considerations, first a semiempirical model for evaluation of diagnostic spectra was modified in order to allow the calculation of radiation spectra considering different high voltage ripples. Second, these semiempirical spectra were calibrated considering experimental data relating airkerma per mA min for different voltages and ripples. After these two steps, these calibrated x-ray spectra were compared to experimental data. Finally, these spectra were used on the generalization of previous works.<sup>10,11</sup>

## A. Waveform generalization of the semiempirical Tucker–Barnes–Chakraborty model

# 1. The original model

Tucker *et al.*<sup>15</sup> introduced a model [the Tucker–Barnes– Chakraborty (TBC) model] which proposed two different formulations for evaluating the radiation spectra emitted by an x-ray tube. These formulations take into account the continuous (*bremsstrahlung*) spectra and the characteristic emission. The TBC model considers the target material, the tube design, and the composition of materials that attenuate the radiation beam before emerging from the tube housing. The equation adopted for the *bremsstrahlung* contribution is

$$N^{B}(E)dE = \frac{\sigma_{0}Z^{2}}{A} \frac{dE}{E} \int_{E}^{T_{0}} \frac{B(E,T)}{T} F(E,T,\theta) \left(\frac{1}{\rho} \frac{dT}{dx}\right)^{-1} dT,$$
(1)

where  $\sigma_0 = \alpha r_e^2$ , with  $\alpha$  as the fine structure constant and  $r_e$ the classical radius of the electron. *Z* is the effective atomic number of the target material, *A* is the atomic mass of the target atoms,  $T_0$  is the kinetic energy of the electrons when they reach the target, *T* is the kinetic energy of electrons inside the target at a distance *x* from the surface, and *E* is the energy of the photons produced by the electrons. The expression  $(1/\rho)(dT/dx)$  represents the mass stopping power of the target material, B(E,T) is a function proportional to the number of photons produced by each incident electron, and  $F(E,T,\theta)$  represents the filtration provided by the anode layer and materials between the target and the measuring point (tube glass, oil, plastics, air). In this function,  $\theta$  represents the anode angle.

The TBC model proposed the function J(x/R) to represent the probability for characteristic emission. This probability was modeled as a parabolic function that drops to zero when the electron energy is equal to the *k*-edge binding energy,  $E_k$ , or

$$J(x/R) = \begin{cases} \left(\frac{3}{2}\right) \left[1 - \left(\frac{x}{R}\right)^2\right] & \text{for } x \le R \\ 0 & \text{for } x > R \end{cases}$$
(2)

where *R* is the distance inside the target where the average kinetic energy of the electrons is equal to  $E_k$ . Therefore, the characteristic radiation production can be modeled as

$$N^{c}(E_{i}) = A_{k} \left( \frac{T_{0}}{E_{k}} - 1 \right)^{n_{k}} f(E_{i}) \int_{0}^{R} J\left( \frac{x}{R} \right)$$
$$\times \exp[-\mu_{w}(E_{i})x/\sin\theta] dx.$$
(3)

 $A_k$  and  $n_k$  are model parameters obtained by using a nonlinear least-squares method and  $f(E_i)$  is the fractional x-ray

characteristic emission of photons with energy  $E_i$ . The parameter  $A_k$  represents the number of characteristic photons emitted by incident electrons. Moreover, the distance R can be calculated as  $R = (T_0^2 - E_k^2)/\rho C(T_0)$  where C(T) is the Thomson–Whiddington constant. In the present work, Birch and Marshall<sup>16</sup> data for this constant were fitted by a linear function using a least-squares method.

#### 2. Waveform generalized model

The TBC waveform generalized model can be determined taking into account the applied voltage waveform represented by

$$V(t) = \frac{1}{f} \sum_{j=1}^{f} V_{\text{max}} \left| \sin \left[ \pi \left( 12 \times 10^{-3} t - \frac{j-1}{f} \right) \right] \right|.$$
(4)

In Eq. (4),  $V_{\text{max}}$  is the peak potential in kV units, *t* is the time interval during the exposure in milliseconds, and *f* is a parameter representative of the frequency of the high voltage generator.

Equations (1)–(4) provide the basis for the waveform generalized model. This approach considers the high voltage applied to the tube as a function of the exposure time and calculates a series of elemental TBC spectra for each time interval. Considering a waveform V(t) that produces a ripple  $\phi$ , this formulation can be synthesized by

$$N_p^{\phi}(E) = \int_0^{t_{\exp}} N(E, V(t)) dt, \qquad (5)$$

where  $t_{exp}$  is the exposure time selected in the x-ray machine. A similar formulation was published by Kramer *et al.*<sup>17</sup>

## 3. Calibration in SI units

For the purpose of the developed model, the x-ray spectra can be calibrated in dosimetric units. This calibration must be related to functional parameters of the x-ray machine in order to be useful to the present work. To perform this calibration, the definition of the quantity air-kerma<sup>18</sup> normalized by the tube workload (mGy/mA min) can be used and it is given by

$$D^{\phi}(V) = C^{\phi}(V) \int_{0}^{V} N_{p}^{\phi}(E) \left(\frac{\mu(E)}{\rho}\right)_{\text{air}} E_{\text{tr}}^{m}(E) dE.$$
(6)

In Eq. (6) the function  $C^{\phi}(V)$  provides the normalization of the radiation spectra in units of mGy/mA min. Moreover,  $(\mu(E)/\rho)_{air}$  represents the mass attenuation coefficient for the air, and  $E_{tr}^m$  is the mean energy transferred to electrons of the medium. Dixon and Simpkin<sup>9</sup> proposed the use of a simple power law to represent the relationship between airkerma per mAs and applied voltage for the diagnostic range. Using the proposed equation, the function  $C^{\phi}(V)$  can be calculated as

$$C^{\phi}(V) = \frac{A^{\phi} V^{B^{\phi}}}{\int_{0}^{V} N_{p}^{\phi}(E) \left(\frac{\mu(E)}{\rho}\right)_{\text{ar}} E_{\text{tr}}^{m}(E) dE}.$$
(7)

TABLE I.  $A^{\phi}$  and  $B^{\phi}$  values for different waveforms calculated from experimental measurements performed by Archer *et al.* (Ref. 5) for full-wave single-phase and twelve-pulse three-phase equipment and by Tucker *et al.* (Ref. 15) for a constant potential system.

	Constar	nt
Waveform	$A^{\phi}$ [ $\mu$ Gy/mA s]	$B^{\phi}$
Full-wave single-phase	$5.30 \times 10^{-4}$	1.904
Twelve-pulse three-phase Constant potential	$7.30 \times 10^{-4}$ $2.12 \times 10^{-3}$	1.898 1.679

Table I shows the results for parameters  $A^{\phi}$  and  $B^{\phi}$  for different waveforms. Using Eqs. (5) and (7), the calibrated x-ray spectra can be evaluated by

$$N_{p,n}^{\phi,V}(E) = C^{\phi}(V) N_{p}^{\phi}(E).$$
(8)

In Eq. (8), the indexes  $\phi$  and V represent the waveform ripple and the applied voltage, respectively. p denotes modeling of the primary beam and n that the resulting spectra is normalized in units of air-kerma per mA s. Similar equations can be used for calculating radiation spectra generated by mammographic equipment. In this case, the equations adopt calculation parameters presented by Tucker *et al.*<sup>19</sup> Table II shows the results of the integration of the calculated spectra using Eq. (8). These results were compared to the data published by Tucker<sup>15</sup> and calculated by using a formulation presented in Wolbarst.<sup>20</sup>

#### 4. Experimental verification

An experimental verification of the spectra provided by the application of Eqs. (1) and (3) was carried out by comparison of computer simulations of this formulation, performed by using a Mathcad (Mathsoft, Inc.) worksheet, with experimental measurements performed by using a *PIN* photodiode operating at room temperature. The experimental methodology and instrumentation was presented by Terini *et al.*<sup>21</sup> The energy resolution of the photodiode measurements was about 3 keV. Experimental measurements performed by Fewell<sup>22</sup> at the Center for Devices and Radiologi-

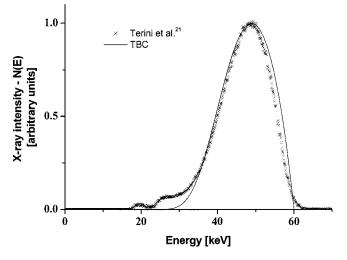


FIG. 1. Comparative results between measurements performed by a Si photodiode operated at room temperature (Ref. 21) and computer simulation using the waveform generalized TBC model. The experimental conditions are presented in Table III for high voltage of 60 kVp, and were the same used for the computer simulation.

cal Health/US-Food and Drug Administration laboratories were also used. The radiation spectra measured by Fewell using a Ge detector were standardized considering the IEC 1267<sup>23</sup> and NIST<sup>24</sup> high voltage and HVL set-up conditions. Figures 1 and 2 present comparisons of the TBC waveform generalized model and experimental results from Terini et al.<sup>21</sup> Table III shows the experimental conditions used for this comparison. The x-ray equipment was composed of a Siemens Heliophos 4B HV transformer coupled to a 150/ 30/50 Rörix x-ray tube. The system was operated in fluoroscopic mode in these measurements. The computer-simulated spectra used the same parameters to evaluate the generalized semiempirical spectra showed as continuous lines in the Figs. 1 and 2. Figures 3 and 4 show comparisons using data obtained by Fewell<sup>22</sup> and Table IV presents the experimental conditions used. Other comparative results using different waveform conditions are shown in Ref. 25.

In order to assure that the formulation used to generate the x-ray spectra is adequate to represent attenuation curves, a

TABLE II. Results for air-kerma per mA s at 1 m from the focal spot measured by Tucker *et al.* (Ref. 15) and calculated using the formula presented by Wolbarst (Ref. 20). These values are comparable to results obtained by integrating Eq. (8) of the present work. Different applied voltages, ripples of 0%, 0.83%, 3.41% and 100%, and a total filtration of 3 mm Al were considered.

Voltage	TBC $(\mu Gy/mA \text{ s at } 1 \text{ m})$	Wolbarst $(\mu Gy/mA \text{ s at } 1 \text{ m})$			Present work Gy/mA s at 1	
(kVp)	0%	3.41%	100%	0.83%	3.41%	100%
70	42.7	42.11	25.26	44.23	38.68	28.84
80	54.8	55.00	33.00	55.35	49.84	37.19
90	67.9	69.61	41.77	67.45	62.33	46.54
100	81.1	85.94	51.56	80.50	76.13	56.88
110	95.3	103.98	62.38	94.47	91.23	68.20
120	109.9	123.75	74.25	109.32	107.62	80.49
130	124.9	145.23	87.13	125.05	125.27	93.74
140	140.9	168.44	101.06	141.61	144.20	107.95

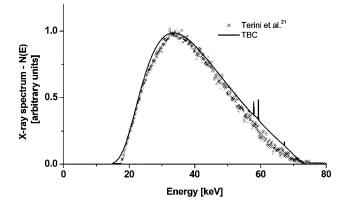


FIG. 2. Comparative results between measurements performed by a Si photodiode operated at room temperature (Ref. 21) and computer simulation using the waveform generalized TBC model. The experimental conditions are presented in Table III for high voltage of 73 kVp, and were the same used for the computer simulation.

comparison was performed by using attenuation data from these generated spectra and experimental attenuation data from Ref. 26. Results from this comparative study are presented in Fig. 5. The solid curve presented in Fig. 5 refers to the integration in energy of the generated spectra multiplied by a factor  $e^{-\mu(E)x}$  In this calculation, values of  $\mu(E)$  for lead were used and x represents thickness of lead ranging from 0 to 2.3 mm. The resulting curve was normalized to be plotted together the data from Ref. 26. The small differences between experimental and computer-generated attenuation data appear because of differences in their values for the first and second HVL. By this result, the developed generalized method for generating x-ray spectra was considered adequate to be used to generate the attenuation curves for the optimized model for shielding barriers.

### 5. Scattered spectra

The TBC model provides a formulation for computing only primary spectra generated by conventional or mammographic systems. However, scattered spectra in simulated diagnostic conditions have been studied and measured by several authors.<sup>27–31</sup> In order to implement the generalized equations for shielding scattered radiation, a group of spectra measured by Fehrenbacher *et al.*<sup>30,31</sup> was used. These spectra were scattered by a perspex wall water phantom with dimensions of  $30 \times 30 \times 15$  cm<sup>3</sup>. The measurements were taken in angles of  $10^{\circ}$ ,  $45^{\circ}$ ,  $90^{\circ}$ ,  $135^{\circ}$ , and  $142^{\circ}$  in relation to the primary beam, using voltages of 52, 60, 70, 80, 90, 100 and 110 kVp. The beam area was  $16 \times 16$  cm<sup>2</sup> at the phantom

TABLE III. Experimental conditions used during measurements of spectra presented in Figs. 1 and 2.

Voltage	Current		tional ation	Ripple
(kVp)	(mA)	(mm Al)	(mm Cu)	(%)
60	~2	3.4	0.6	~2
73	$\sim 2$	1.2	0	$\sim 2$

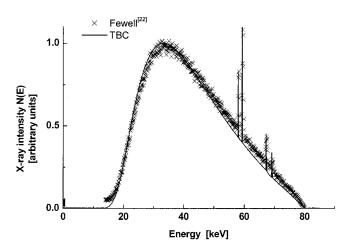


FIG. 3. Comparative results between Ge detector measurements (Ref. 22) and computer simulation using the waveform generalized TBC model. The experimental conditions are presented in Table IV for high voltage of 80 kVp, and were the same used for the computer simulation.

surface. Therefore, these authors covered all the conventional diagnostic range of voltage and the most important scattered beam directions. For mammography calculations, the data published by Simpkin<sup>32</sup> and Simpkin and Dixon<sup>12</sup> were used. Figure 6 shows the scattered spectra measured in different angles at 100 kVp and Fig. 7 shows the scattered spectra at 90° for different applied voltages.

#### B. Optimized model for shielding barriers calculation

#### 1. Primary radiation

The concept of workload spectra (or distribution) was introduced by Simpkin<sup>6,14</sup> and it was extensively used in the present formulation. The use of radiation spectra associated with this concept was previously proposed by Costa and Caldas.<sup>33–36</sup> The formulation considers  $S_0^p(E)$  as the radiation distribution reaching a primary barrier located at a distance  $d_p$  from the focal spot, weighted by the workload distribution, w(v), as

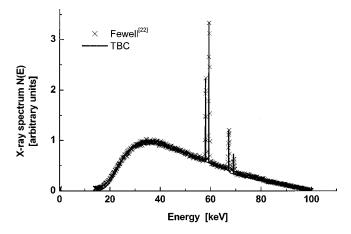


FIG. 4. Comparative results between Ge detector measurements (Ref. 22) and computer simulation using the waveform generalized TBC model. The experimental conditions are presented in Table IV for high voltage of 100 kVp, and were the same used for the computer simulation.

TABLE IV. Experimental conditions used by Fewell (Ref. 22) for obtaining the radiation spectra following IEC (IEC80)—Ref. 23 and NIST (M100)—Ref. 24 standards which are presented in Figs. 3 and 4. The corresponding TBC generated spectra used the same voltage parameters, and inherent and added filtration choice in order to provide equivalent first and second half-value layers.

	Voltage		oy Fewell m Al)	HVL by computer simulation (mm Al)		Total filtration used by Fewell	Total filtration adopted for calculation
Beam	(kVp)	First HVL	Second HVL	First HVL	Second HVL	(mm Al)	(mm Al)
IEC80 M100	80 100	2.59 4.89	6.52 11.61	2.59 4.89	6.42 11.42	2.48 5.26	2.84 6.25

$$S_0^p(E) = \frac{1}{d_p^2} \sum_{V} N_{p,n}^{\phi,V}(E) W(V).$$
(9)

According to the previously defined radiation spectra and the definition of workload spectra,<sup>6,14</sup> Eq. (9) provides the weighted primary spectrum in units of air-kerma per keV. However, current radiation protection standards<sup>37</sup> propose the use of the quantity ambient dose equivalent in order to quantify the efficiency of a given radiation shielding. Therefore, the present work introduces the following function to represent primary radiation levels in terms of ambient dose equivalent at a distance of 1 m of the focal spot:

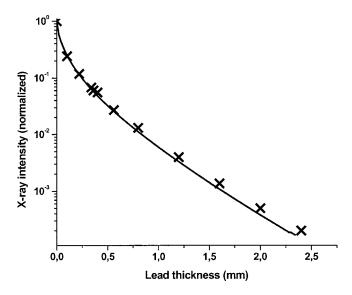


FIG. 5. Comparative results between an attenuation curve from x-ray generated spectrum (solid curve) and experimental data from Ref. 26 (X's). The semiempirical spectrum was generated using 100 kVp, considering a threephase generator and an x-ray tube with target angle of 12.5° and inherent filtration of 0.5 mm Al. An additional filtration of 2.35 mm Al was also considered. The first and second HVL of these spectra where calculated as 3.49 mm Al and 8.47 mm Al, respectively. The experimental data were obtained by using similar conditions, and the first and second HVL were tabulated in Ref. 26 as 3.46 mm Al and 8.8 mm Al. The solid curve refers to the integration in energy of the generated spectra multiplied by a factor  $e^{-\mu(E)x}$ . In this calculation, we used values of  $\mu(E)$  for lead and x represents thickness of lead ranging from 0 to 2.3 mm. The resulting curve was normalized to be plotted together with the data from Ref. 26.

$$H_{p}^{m,\phi}(10,x_{p}) = \sum_{V} \int_{0}^{V} \left( \frac{H^{*}(10)}{K_{\text{ar}}} \right) \times (E) N_{p,n}^{\phi,V}(E) W(V) e^{-\mu_{m}(E)x_{p}} dE.$$
(10)

The function  $(H^*(10)/k_{ar})(E)$  provides the unit conversion from air-kerma units (gray) to ambient dose equivalent (sievert).<sup>37,38</sup> In this function, the number 10 represents the depth, in millimeters, inside the ICRU sphere, where the ambient dose equivalent is evaluated. Figure 8 shows the representation of this function for the diagnostic energy range. The strong energy dependence of this function in this range is the main argument to the most accurate correction proposed in Eq. (10). Moreover, the function  $\mu_m(E)$  represents the linear attenuation coefficient of the protective material and  $x_p$  is the thickness of the protective material used to shield the primary beam. In addition, Archer's model<sup>4,5</sup> can advantageously be used to rewrite Eq. (10) as

$$H_{p}^{m,\phi}(10,x_{p}) = H_{p}^{0,\phi}(10) \left[ \left( 1 + \frac{\beta_{p}^{m}}{\alpha_{p}^{m}} \right) e^{\alpha_{p}^{m} \gamma_{p}^{m} x_{p}} - \frac{\beta_{p}^{m}}{\alpha_{p}^{m}} \right]^{1/\gamma_{p}^{m}}, \quad (11)$$

where  $\alpha_p^m$ ,  $\beta_p^m$  and  $\gamma_p^m$  are fitting parameters obtained by

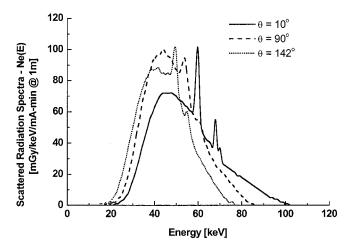


FIG. 6. Scattered radiation spectra measured by Fehrenbacher *et al.* (Ref. 30) related to a 100 kVp primary beam at scattering angles of  $10^{\circ}$ ,  $90^{\circ}$ , and  $142^{\circ}$ . The primary beam was scattered by a  $30 \times 30 \times 15$  cm<sup>3</sup> water phantom with Perspex walls.

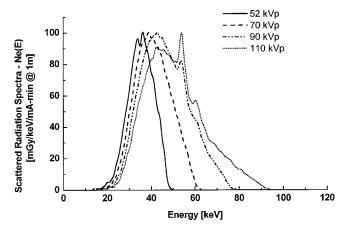


FIG. 7. Scattered radiation spectra measured by Fehrenbacher *et al.* (Ref. 30) related to a 90° scattering angle and corresponding to primary beams generated by potentials of 52, 70, 90, and 110 kVp. The primary beam was scattered by a  $30 \times 30 \times 15$  cm<sup>3</sup> water phantom with Perspex walls.

applying a nonlinear least-squares method to data calculated from Eq. (10),  $x_p$  is the thickness of primary beam protective material, and

$$H_p^{0,\phi}(10) = \sum_{V} \int_0^V \left(\frac{H^*(10)}{K_{\rm ar}}\right) (E) N_{p,n}^{\phi,V}(E) W(V) dE.$$
(12)

Equation (12) represents the ambient dose equivalent at 1 m from the focal spot with no protective material.

## 2. Scattered radiation

Simpkin and Dixon<sup>12</sup> revised scatter-to-primary ratio data from Trout and Kelley<sup>39</sup> presented in NCRP49. According to these authors, the scattered radiation must take into account the scatter-to-primary ratio as a function of the scattering angle and the applied voltage. In the present work this ratio was calculated as

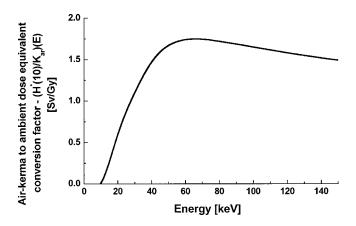


FIG. 8. Air-kerma to ambient dose equivalent conversion factor as a function of energy in the diagnostic range. The function corresponds to 10 mm in depth of the ICRU sphere ( $H^*(10)$ ). The values were obtained from Refs. 37 and 38.

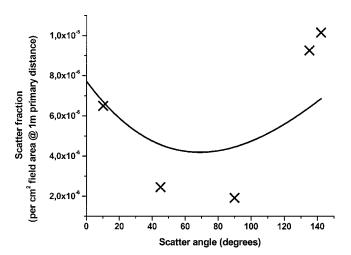


FIG. 9. Comparative results from data obtained by application of Eq. (13) (*X*'s) and a polynomial fit proposed by Simpkin and Dixon (Ref. 12) (solid curve). This comparison shows that data used to simulate the scatter fraction [Eq. (13)] produces similar values for angles near the incident direction, lower values for angles around 90° (lateral scattering) and higher values for angles around 140° (backscattering), when compared to the model proposed by Simpkin and Dixon (Ref. 12). These differences are probably due to the different geometrical setup used by Fehrenbacher *et al.* (Ref. 30), adopted in the present work, and that by Trout and Kelley, adopted for obtaining the fitting curve by Simpkin and Dixon (Ref. 12).

$$a'(V,\theta) = \frac{10^{6}}{F'} \frac{\int_{0}^{E_{\max}} \left(\frac{H^{*}(10)}{K_{\operatorname{ar}}}\right)(E) N_{e}^{\phi,V}(E,\theta) W(V) dE}{\int_{0}^{E_{\max}} \left(\frac{H^{*}(10)}{K_{\operatorname{ar}}}\right)(E) N_{p}^{\phi,V}(E) W(V) dE}.$$
(13)

 $N_e^{\phi,V}(E)$  is the scattered spectra at 1 m from the center of the scattering material considering an incident spectrum  $N_p^{\phi,V}(E)$  produced by exciting an x-ray tube with a voltage V and ripple  $\phi$ . The model considers the incident beam reaching the scattering object at an area F' when the focal spot to scatter medium distance is d'.

This formulation was compared to a polynomial fit proposed by Simpkin and Dixon.<sup>12</sup> An example of this comparison is presented in Fig. 9 where results are presented from the application of Eq. (13) for angles of  $10^{\circ}$ ,  $45^{\circ}$ ,  $90^{\circ}$ ,  $135^{\circ}$ , and 142° by using spectral data from Ref. 30 and the polynomial fit. Figure 9 shows that the data used to simulate the scatter fraction [Eq. (13)] produces similar values for angles near the incident direction, lower values for angles around 90° (lateral scattering), and higher values for angles around 140° (backscattering), when compared to the model proposed by Simpkin and Dixon.<sup>12</sup> These differences are probably due to the different geometrical setup used by Fehrenbacher *et al.*,<sup>30</sup> adopted in the present work, and that by Trout and Kelley, adopted for obtaining the fitting curve by Simpkin and Dixon.<sup>12</sup> Despite these differences, the proposed equation was considered adequate for the calculation of scatter fractions for the purpose of the present work, since the behavior of both models is similar.

Using the scatter-to-primary ratio defined in Eq. (13), the ambient dose equivalent resulting from the scattered radia-

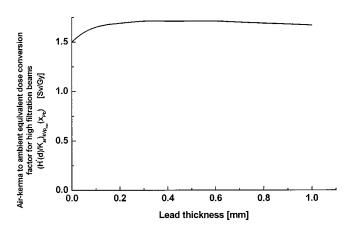


FIG. 10. Air-kerma to ambient dose equivalent conversion factor for high filtration beams as a function of the lead thickness. The measurements were performed by Peixoto (Ref. 41) by using a 150 kVp x-ray beam (4 mm Al HVL).

tion produced by a workload spectra which reaches a scattering medium distant  $d_F$  from the focal spot, corresponding to an area<sup>12</sup>  $F = [F' \times (d_F/d')^2]$ , can be defined as

$$H_{e,\theta}^{m,\phi}(10,x_e) = \sum_{V} a'(V,\theta) \times 10^{-6} \frac{F}{d_F^2} \int_0^V \left(\frac{H^*(10)}{K_{\rm ar}}\right) \times (E) N_e^{\phi,V}(E,\theta) W(V) e^{-\mu_m(E)x_e} dE, \quad (14)$$

where  $x_e$  is the thickness of shielding material used as protection for the scattered radiation. As in the case of primary radiation, Eq. (14) can be written as

$$H_{e,\theta}^{m,\theta}(10,x_e) = H_{e,\theta}^{0,\phi}(10) \left[ \left( 1 + \frac{\beta_e^m}{\alpha_e^m} \right) e^{\alpha_e^m \gamma_e^m x_e} - \frac{\beta_e^m}{\alpha_e^m} \right]^{-1/\gamma_e^m}, \quad (15)$$

where  $\alpha_e^m \beta_e^m$  and  $\gamma_e^m$  are fitting parameters obtained by using a nonlinear least-squares method to data calculated from Eq. (14),  $x_e$  is the thickness of the scattered beam protective material, and

$$H_{e,\theta}^{0,\phi}(10) = \sum_{V} a'(V,\theta) \times 10^{-6} \frac{F}{d_F^2} \int_0^V \left(\frac{H^*(10)}{K_{\rm ar}}\right) \times (E) N_e^{\phi,V}(E,\theta) W(V) dE.$$
(16)

#### 3. Leakage radiation

Using the model of Simpkin and Dixon,<sup>12</sup> if *L* is the airkerma rate measured at 1 m from the focal spot when the x-ray tube is excited using the nominal x-ray tube voltage under conditions of loading corresponding to the maximum specified energy input in 1 h,<sup>40</sup> then the lead thickness needed to obtain this level of protection can be evaluated by

$$L = I_{\max} \times 60 \int_{0}^{V_{\max}} N_{p}^{\phi, V_{\max}}(E) e^{-\mu_{\rm Pb}(E)x_{e}} dE.$$
(17)

In this equation,  $I_{\text{max}}$  is the maximum continuous anode current, in mA, for the safe operation of the tube at its maximum voltage  $V_{\text{max}}$ ,  $\mu_{\text{Pb}}(E)$  is the linear attenuation coefficient of lead, and  $x_c$  is the lead thickness needed to reduce the leakage radiation to *L*.

Therefore, the leakage radiation from an x-ray tube housing when the equipment is operated following a workload distribution W(V) can be evaluated by

$$H_{f}^{0,\phi}(10) = L\left(\frac{H^{*}(10)}{K_{\rm ar}}\right)_{V_{\rm max}}^{\mu_{\rm Pb}} \quad \frac{\sum_{V} \int_{0}^{V} \left(\frac{H^{*}(10)}{K_{\rm ar}}\right)(E) N_{p,n}^{\phi,V}(E) W(V) e^{-\mu_{\rm Pb}(E)x_{c}} dE}{I_{\rm max} \times 60 \int_{0}^{V_{\rm max}} \left(\frac{H^{*}(10)}{K_{\rm ar}}\right)(E) N_{p,n}^{\phi,V_{\rm max}}(E) e^{-\mu_{\rm Pb}(E)x_{c}} dE}.$$
(18)

The parameter  $(H^*(10)/K_{\rm ar})_{v_{\rm max}}^{x_{\rm Pb}}$  is the air-kerma to ambient dose equivalent conversion factor considering high filtration beams.<sup>41</sup> In Fig. 10 a plot of this conversion factor as a function of lead thickness is presented.

Therefore, the ambient dose equivalent from leakage radiation after a shielding barrier of thickness  $x_f$  can be calculated as

$$H_{f}^{m,\phi}(10,x_{f}) = L\left(\frac{H^{*}(10)}{K_{\rm ar}}\right)_{V_{\rm max}}^{\mu_{\rm Pb}} \frac{\sum_{V} \int_{0}^{V} \left(\frac{H^{*}(10)}{K_{\rm ar}}\right)(E) N_{p,n}^{\phi,V}(E) W(V) e^{-\mu_{\rm Pb}(E)x_{c}} e^{-\mu_{m}(E)x_{f}} dE}{I_{\rm max} \times 60 \int_{0}^{V_{\rm max}} \left(\frac{H^{*}(10)}{K_{\rm ar}}\right)(E) N_{p,n}^{\phi,V_{\rm max}}(E) e^{-\mu_{\rm Pb}(E)x_{c}} dE}.$$
(19)

Following the previous examples, Eq. (19) can be written by using Archer's model<sup>4,5</sup> as

$$H_{f}^{m,\phi}(10,x_{f}) = H_{f}^{0,\phi}(10) \left[ \left( 1 + \frac{\beta_{f}^{m}}{\alpha_{f}^{m}} \right) e^{\alpha_{f}^{m} \gamma_{f}^{m} x_{f}} - \frac{\beta_{f}^{m}}{\alpha_{f}^{m}} \right]^{-1/\gamma_{f}^{m}}.$$
(20)

#### 4. Total secondary radiation

It is more convenient for shielding barrier calculation to consider the secondary radiation instead of scattered and leakage radiations separately. Therefore, Eqs. (15) and (20) can be combined to produce

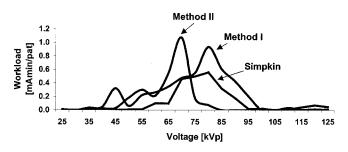


FIG. 11. Workload spectra obtained in the present work by methods I and II, and published by Simpkin (Ref. 6) for general radiography technique.

$$H_{s,\theta}^{m,\phi}(10,x_s) = \frac{H_{e,\theta}^{m,\phi}(10,x_s)}{d_e^2} + \frac{H_f^{m,\phi}(10,x_s)}{d_f^2}$$
$$= H_{s,0}^{0,\phi} \left[ \left( 1 + \frac{\beta_s^m}{\alpha_s^m} \right) e^{\alpha_s^m \gamma_s^m x_s} - \frac{\beta_s^m}{\alpha_s^m} \right]^{-1/\gamma_s^m}, \quad (21)$$

where

$$H_{s,\theta}^{0,\phi} = \frac{H_{e,\theta}^{m,\phi}(10)}{d_e^2} + \frac{H_f^{m,\phi}(10)}{d_f^2}.$$
(22)

# 5. General solution for diagnostic shielding barriers

Equations (11), (15), and (20) are functional representations of primary, scattered, and leakage radiations typically found in diagnostic x-ray rooms. These equations are dependent on the constants,  $\alpha$ ,  $\beta$ , and  $\gamma$ , which are obtained by applying Archer's model<sup>4,5</sup> for the used shielding material. This model is especially useful in order to obtain workloadrelated curves calibrated in ambient dose equivalent units, which can be directly used for the shielding purpose. The function W(V) represents the workload spectrum<sup>6,14</sup> for the considered diagnostic modality and charge of use for the x-ray equipment.

Therefore, a generic shielding barrier can be obtained using the following inequality:

$$\frac{H_{p}^{m,\phi}(10,x_{t}^{m})}{d_{p}^{2}}U + \left[\frac{H_{e,\theta}^{m,\phi}(10,x_{t}^{m})}{d_{e}^{2}} + \frac{H_{f}^{m,\phi}(10,x_{t}^{m})}{d_{f}^{2}}\right](1-U)$$

$$\leq \frac{P}{T},$$
(23)

where U is the use factor, T is the occupational factor, and P is the dose level limit for the area to be protected. Solving this equation to  $x_t$ , the shielding thickness can be determined, providing the optimized radiation level in the room's neighborhood for a given workload spectrum.

## **III. APPLICATION**

#### A. Workload spectra

A survey of workload spectra was carried out in 14 Brazilian imaging departments, which included general radiography, chest radiography, cardiac angiography, mammography, and computed tomography dedicated radiation rooms. Two different methods for data collection were used. Method I used data collected by observing the operational techniques applied in 605 examinations. The data corresponding to method II were obtained by interviewing 51 technicians; they were questioned about the most usual parameters selected for different examinations. The average results were compared to Simpkin<sup>6</sup> data (Fig. 11). Table V shows the comparative results for average weekly workload per patient for the evaluated diagnostic techniques. For comparison, in Table V data from Simpkin<sup>6</sup> and Archer<sup>8</sup> are also presented.

### **B.** Attenuation curves

Figure 12 shows the attenuation curves for primary beams from general radiography, chest, and cardiac angiography techniques obtained by applying Eq. (11). For the general radiography technique, the workload spectra utilized corresponds to the method II described, supposing the use of constant potential x-ray equipment. The curves for chest technique also correspond to workload spectra obtained by

TABLE V. Average workload results for different radiological rooms. The columns "Other authors" show results extracted from Ref. 6 for general radiography, chest, mammography, and cardiac angiography and from Ref. 11 for computed tomography. The column "Present work" shows results obtained by method I (upper line) and by method II (lower line), or only by method II. The indications ND refer to nondetermined information.

	р	kload per atient n patient <sup>-1</sup> )		Patients ber week		tal workload A min week <sup>-1</sup> )
Diagnostic room	Other authors	Present work	Other authors	Present work	Other authors	Present work
General radiography	2.45±0.09	4.55±1.28 2.68±0.30	112± 34	$196\pm 14$ $346\pm 12$	274± 84	$890\pm 111$ $928\pm 107$
Chest	$0.22 \pm 0.01$	$0.23 \pm 0.06$	206±103	$181 \pm 14$	44± 22	41± 11
Mammography	6.69±0.14	$4.3 \pm 1.5$ $4.3 \pm 1.5$	47.4± 5.3	$118.0 \pm 6.4$ $41.2 \pm 1.8$	317± 36	$504 \pm 178$ $400 \pm 41$
Cardiac amgopgraphy	160± 11	183± ND	19.1± 3.7	25±ND	3050±628	4575± MD
Computed	$205\pm$ ND	288± 95	$64\pm ND$	$44.5 {\pm}~1.9$	$13000\pm \text{ND}$	$12800{\pm}4261$

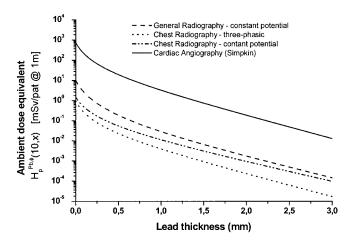


FIG. 12. Ambient dose equivalent as a function of lead thickness for primary radiation obtained applying Eq. (11) using workload spectra for general radiography (method II), chest (method II), and cardiac angiography (Simpkin—Ref. 6) techniques.

method II, but considering also three-phasic and constant potential generators. A three-phasic generator operated following the workload evaluated by Simpkin<sup>6</sup> was considered for the cardiac angiography technique.

Figure 13 shows curves obtained using the same techniques and workload spectra of Fig. 12, however considering secondary radiation [Eq. (21)] in angles of 45° and 90° in relation to the primary beam. The intensity of the radiation in each case is about  $10^3$  smaller than the correspondent primary beams. Figure 13 also shows that the secondary radiation is composed of harder beams. This fact can be inferred by the shape of the curves (more evident for the chest technique), which appears approximately linear at the monolog scale. This behavior occurs due to the influence of the leakage component on the secondary radiation, which is heavily filtered by the housing protective materials.

Table VI shows Archer's model parameters  $H_p^{0,\phi}$ ,  $\alpha_p^m$ ,  $\beta_p^m$ and  $\gamma_p^m$  for lead considering primary beams obtained by applying a nonlinear least-squares method.<sup>42</sup> The workload spectra utilized corresponds to general radiography (method II), chest (method II), and cardiac angiography (Simpkin).<sup>6</sup> A complete series of data corresponding to the other radio-

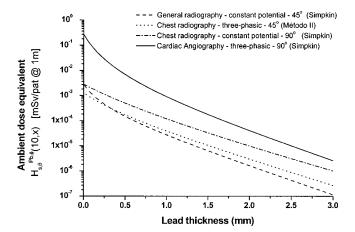


FIG. 13. Ambient dose equivalent as a function of lead thickness for secondary radiation obtained applying Eq. (21) using workload spectra for general and chest radiography considering a scattering angle of  $45^{\circ}$  and cardiac angiography technique considering a scattering angle of  $90^{\circ}$ . The considered workload spectra were obtained using method II and from Simpkin (Ref. 6).

graphic techniques (including mammography and computed tomography) can be obtained by contacting the authors. For each set of data the average error was evaluated and it is presented in the last column of Table VI.

Tables VII–IX show similar parameters for secondary radiation [Eq. (21)] considering the same workload spectra. The fitting process was performed for scattering angles of  $10^{\circ}$ ,  $45^{\circ}$ ,  $90^{\circ}$ ,  $135^{\circ}$ , and  $142^{\circ}$ . In each case, the largest fitting error was 2.2%. Tables VII–IX show fitting results considering a three-phasic twelve pulse generator (3P12P) and a constant potential generator (CP).

#### C. Comparison with previous publications

In order to illustrate the use of the present model and to compare its results with those of previous publications,<sup>3,11,12</sup> two hypothetical radiological room configurations will be considered. For the primary beam model, the radiological room proposed by Dixon and Simpkin<sup>11</sup> will be utilized considering the shielding requirements for the floor. These authors considered a 120 patient week<sup>-1</sup> room and an uncontrolled (0.02 mSv per week) fully occupied (T=1) area

TABLE VI.  $H_p^{0,\phi}$ ,  $\alpha_p^m$ ,  $\beta_p^m e \gamma_p^m$  values [Eq. (11)] for lead obtained by applying a nonlinear least-squares method for attenuation data (Ref. 42) for primary beams. The data were weighted by the workload spectra obtained in the present work (method II) and by Simpkin (Ref. 6) for general radiography, chest, and cardiac angiography techniques.  $H_p^{0,\phi}$  represents the ambient dose equivalent per patient at a distance of 1 m of the focal spot (mSv/patient). For each case x-ray spectra generated by three-phasic and constant potential generators were considered. The last column shows the average error of the fitting process.

Workload spectra	X-ray generator	$H_p^{0,\phi}$ (mSv/patient at 1 m)	$\alpha_p^m \pmod{(\mathrm{mm}^{-1})}$	$egin{split} eta_p^m \ (\mathrm{mm}^{-1}) \end{split}$	$\gamma_p^m$	Error (%)
General radiography	Three-phasic	6.1330	4.2134	19.2339	0.4205	2.9
(method II)	СР	7.1150	4.1557	19.2244	0.4286	2.8
Chest radiography	Three-phasic	0.9716	2.5845	17.1021	0.6318	1.4
(method II)	CP	1.0540	2.5945	16.9612	0.6277	1.4
Cardiac angiography	Three-phasic	741.8	2.6518	16.1019	0.6472	1.7
(Simpkin)	CP	799.3	2.6510	16.0166	0.6508	1.7

TABLE VII.  $H_{s,\theta}^{0,\alpha}$ ,  $\alpha_s^m$ ,  $\beta_s^m e \gamma_s^m$  [Eq. (21)] for lead obtained by applying a nonlinear least-squares method to attenuation data (Ref. 42) for secondary beam. The data were weighted by the workload spectra obtained in the present work (method II) for general radiography technique.  $H_{s,\theta}^{0,c}$  represents the ambient dose equivalent per patient at a distance of 1 m of the focal spot (mSv/patient). The maximum fitting error of these data was 2.2%.

Scattering angle	Archer's model	X-ray g	enerator
(deg)	parameters	3P 12P	СР
10	$H^{0,\phi}_{s,\theta}$ (mSv/patient at 1 m)	$4.47 \times 10^{-2}$	$3.87 \times 10^{-2}$
	$\alpha_s^m  (\mathrm{mm}^{-1})$	4.3843	4.3653
	$\beta_s^m (\mathrm{mm}^{-1})$	9.4785	9.4636
	$\gamma_s^m$	0.3754	0.3750
45	$H^{0,\phi}_{s,\theta}$ (mSv/patient at 1 m)	$3.56 \times 10^{-5}$	$3.13 \times 10^{-5}$
	$\alpha_s^m (\mathrm{mm}^{-1})$	4.0485	3.9874
	$\beta_s^m (\mathrm{mm}^{-1})$	11.4230	11.2765
	$\gamma_s^m$	0.3816	0.3918
90	$H^{0,\phi}_{s,\theta}$ (mSv/patient at 1 m)	$1.61 \times 10^{-5}$	$1.45 \times 10^{-5}$
	$\alpha_s^m (\mathrm{mm}^{-1})$	3.8650	3.8269
	$\beta_s^m (\mathrm{mm}^{-1})$	12.7622	12.4062
	$\gamma_s^m$	0.3678	0.4005
135	$H^{0,\phi}_{s,\theta}$ (mSv/patient at 1 m)	$5.96 \times 10^{-2}$	$5.14 \times 10^{-2}$
	$\alpha_s^m (\mathrm{mm}^{-1})$	4.4443	4.3342
	$\beta_s^m (\mathrm{mm}^{-1})$	13.0513	13.0858
	$\gamma_s^m$	0.2684	0.2660
142	$H^{0,\phi}_{s,\theta}$ (mSv/patient at 1 m)	$7.28 \times 10^{-2}$	$6.29 \times 10^{-2}$
	$\alpha_s^m (\text{mm}^{-1})$	4.4823	4.3955
	$\beta_s^m$ (mm <sup>-1</sup> )	12.8257	12.8735
	$\gamma_s^m$	0.2719	0.2711

distant 3.8 m from the x-ray tube focal spot. For simplicity and conservatism they also assumed U=1. Results from the application of these parameters by using the NCRP49 method considering two different workloads (1000 and 294 mA min week<sup>-1</sup>), using Dixon and Simpkin results and the present model, are shown in Table X. For these two applications the workload spectra identified as *floor/other walls* in the Simpkin<sup>6</sup> and Dixon and Simpkin<sup>11</sup> papers were considered.

Another example was extracted from Simpkin and Dixon's paper<sup>12</sup> to perform this comparison for a secondary barrier. In their paper, the authors considered the workload spectra labeled *radiographic room (all barriers)*, which is a leakage technique corresponding to 150 kVp and 3.3 mA. The area to be protected was 2 m distant from the scattering medium with an angle of 90°. The beam area was  $F = 1000 \text{ cm}^2$ . Results corresponding to the application of these parameters are presented in Table XI.

In both cases the correction by using the function  $(H^*(10)/k_{\rm ar})(E)$  and the constant factor (1.14) for the Gy to Sv unit conversion was considered.

# **IV. CONCLUSIONS**

The present work provides an optimized treatment for the problem of determining shielding barriers necessary for ra-

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Scattering angle		X-ray g	enerator
(deg)	Archer's model parameters	3P 12P	СР
10	$H^{0,\phi}_{s,\theta}$ (mSv/patient at 1 m)	$3.95 \times 10^{-3}$	$3.90 \times 10^{-3}$
	$\alpha_s^m (\text{mm}^{-1})$	2.6853	2.6234
	$\beta_s^m (\mathrm{mm}^{-1})$	2.9257	2.7959
	$\gamma_s^m$	0.4811	0.4422
45	$H^{0,\phi}_{s,\theta}$ (mSv/patient at 1 m)	$1.50 \times 10^{-3}$	$1.55 \times 10^{-3}$
	$\alpha_s^m (\text{mm}^{-1})$	2.4093	2.3970
	$\beta_s^m (\text{mm}^{-1})$	3.6318	3.3884
	$\gamma_s^m$	0.6472	0.6175
90	$H^{0,\phi}_{s,\theta}$ (mSv/patient at 1 m)	$1.28 \times 10^{-3}$	$1.35 \times 10^{-3}$
	$\alpha_s^m (\text{mm}^{-1})$	2.3701	2.3535
	$\beta_{s}^{m}$ (mm <sup>-1</sup> )	2.9917	2.8461
	$\gamma_s^m$	0.5894	0.5574
135	$H^{0,\phi}_{s,\theta}$ (mSv/patient at 1 m)	$8.44 \times 10^{-3}$	$7.97 \times 10^{-3}$
	$\alpha_s^m (\text{mm}^{-1})$	2.4099	2.4251
	$\beta_s^m (\mathrm{mm}^{-1})$	10.5280	10.1767
	$\gamma_s^m$	0.5785	0.5948
142	$H^{0,\phi}_{s,\theta}$ (mSv/patient at 1 m)	$9.99 \times 10^{-3}$	$9.35 \times 10^{-3}$
	$\alpha_s^m (\text{mm}^{-1})$	2.3563	2.3811
	$\beta_s^m (\mathrm{mm}^{-1})$	12.0155	11.7537
	$\gamma_s^m$	0.5232	0.5454

dose equivalent per patient at a distance of 1 m of the focal spot (mSv/

patient). The maximum fitting error of these data was 2.2%.

TABLE IX.  $H_{s,\theta}^{0,\phi}, \alpha_s^m, \beta_s^m e \gamma_s^m$  [Eq. (21)] for lead obtained by applying a nonlinear least-squares method to attenuation data (Ref. 42) for secondary beam. The data were weighted by the workload spectra obtained by Simpkin (Ref. 6) for cardiac angiography technique.  $H_{s,\theta}^{0,\phi}$  represents the ambient dose equivalent per patient at a distance of 1 m of the focal spot (mSv/patient). The maximum fitting error of these data was 2.2%.

Scattering angle		X-ray g	enerator
(deg)	Archer's model parameters	3P 12P	СР
10	$H_{s,\theta}^{0,\phi}$ (mSv/patient at 1 m)	3.40	3.17
	$\alpha_s^m (\mathrm{mm}^{-1})$	2.9880	2.9990
	$\beta_s^m \; (\mathrm{mm}^{-1})$	6.0206	5.8832
	$\gamma_s^m$	0.6289	0.6327
45	$H^{0,\phi}_{s,\theta}$ (mSv/patient at 1 m)	$4.78 \times 10^{-1}$	$4.44 \times 10^{-1}$
	$\alpha_s^m (\mathrm{mm}^{-1})$	2.5556	2.5467
	$\beta_s^m (\mathrm{mm}^{-1})$	9.8306	9.7790
	$\gamma_s^m$	0.5063	0.5075
90	$H^{0,\phi}_{s,\theta}$ (mSv/patient at 1 m)	$2.75 \times 10^{-1}$	$2.55 \times 10^{-1}$
	$\alpha_s^m (\text{mm}^{-1})$	2.6027	2.5890
	$\beta_s^m (\text{mm}^{-1})$	10.7558	10.7208
	$\gamma_s^m$	0.4252	0.4276
135	$H^{0,\phi}_{s,\theta}$ (mSv/patient at 1 m)	6.88	6.88
	$\alpha_s^m (\text{mm}^{-1})$	2.5889	2.5844
	$\beta_s^m (\mathrm{mm}^{-1})$	10.7496	10.7350
	$\gamma_s^m$	0.4310	0.4298
142	$H^{0,\phi}_{s,\theta}$ (mSv/patient at 1 m)	8.72	8.10
	$\alpha_s^m (\mathrm{mm}^{-1})$	3.2617	3.2595
	$\beta_s^m (\mathrm{mm}^{-1})$	10.9903	10.9876
	$\gamma_s^m$	0.4187	0.4200

TABLE X. Comparative results from the application of the NCRP49 method considering two different workloads (1000 and 294 mA min week<sup>-1</sup>), using Dixon and Simpkin (Ref. 11) results and the present model. For these two applications the workload spectra identified as *floor/other walls* in the Simpkin (Ref. 6) and Dixon and Simpkin (Ref. 11) papers was considered. A 120 patient week<sup>-1</sup> room and an uncontrolled (0.02 mSv week<sup>-1</sup>) fully occupied (T=1) area distant 3.8 m from the x-ray tube focal spot were assumed.

	Unshielded dose $(mSv week^{-1})$	Lead thickness needed to reduce to $0.02 \text{ mSv week}^{-1}$ (mm Pb)
NCRP49 - W = 1000  mA min/wk at  120  kVcp	488.4	3.01
NCRP49 $-W=294$ mA min/wk at 120 kVcp	143.6	2.56
Dixon and Simpkin	42.8	1.45
This paper w/functional correction	76.7	2.01
This paper w/constant correction (1.14)	69.6	1.87

diological room protection. The developed method associates information regarding primary and scattered spectra usually present during diagnostic procedures as well as new data from workload spectra. This information was incorporated in a set of equations which provides the relationship between ambient dose equivalent and thickness of a shielding material considering primary, scattered, and leakage radiation from a given diagnostic procedure. The equations can generate families of attenuation curves, which are very useful during diagnostic rooms shielding design.

The developed set of equations is based on previous models for primary<sup>11</sup> and secondary<sup>12</sup> radiation, but it takes into account the radiation spectra modulated by the workload distribution. This formulation was chosen because of its ability to compensate the variation of the spectral shape when the radiation beam crosses the shielded wall. Figure 14 shows the radiation spectra calculated using Eq. (10) without performing the integration on the variable E. The curves were calculated using primary beams modulated by the workload spectra from Simpkin<sup>6</sup> for general radiography considering the incident radiation and the radiation transmitted by 0.5 mm Pb. The attenuation by the patient was not considered nor the construction materials of the wall. They represent approximate spectra that could be measured by solid-state detectors placed in the primary beam, inside and outside a diagnostic room, divided by the number of patients imaged during the integration period. As lead was used as shielding material, the 88 keV *k*-edge is very evident in the transmitted spectra. In spite of the approximations, this extended model provides a most accurate approach for determining shielding barriers for diagnostic installations.

The model can be improved when associated with the most complete data regarding the attenuation properties of shielding and constructing materials,<sup>5,43</sup> and the attenuation of the patient and devices used for performing diagnostic imaging.<sup>10</sup> Moreover, the scattered spectra used in the present work were obtained just for constant potential generators and do not include information for the mammography technique. Complementary work is in progress in order to provide this additional information.

For a typical primary beam, Table X shows an estimation of the unshielded radiation as 1.8 times [with functional conversion by using the function  $(H^*(10)/k_{ar})(E)$ ] and 1.6 times (by using a constant conversion of 1.14) the value obtained by Dixon and Simpkin.<sup>11</sup> This result likely reflects the differences on output value of the x-ray equipment considered in each case. Dixon and Simpkin determined an unshielded primary dose at 1 m from the focal spot as 5.15 mGy patient<sup>-1</sup>, while the result by integration of the spectral distribution of the radiation (considering the same workload spectra) was 7.35 mGy patient<sup>-1</sup>. Moreover, the unit conversion used by these authors was 1 mGy=1 mSv and the functional correction factor used in the present work increases this value by about 15%.

TABLE XI. Comparative results for secondary barrier from the application of NCRP49 method considering two workloads (1000 and 294 mA min wk<sup>-1</sup>), using Simpkin and Dixon (Ref. 12) results and the present model. For these two applications the workload spectra labeled *radiographic room (all barriers)* and a leakage technique corresponding to 150 kVp and 3.3 mA were considered. The area to be protected was 2 m distant to the scattering medium, with an angle of 90°. The beam area was  $F = 100 \text{ cm}^2$ . For the present model, the correction by using the function  $(H^*(10)/k_{ar})(E)$  and also a constant factor (1.14) to Gy to Sv unit conversion were considered.

	Unshielded dose (mSv week <sup>-1</sup> )	Lead thickness needed to reduce to $0.02 \text{ mSv week}^{-1}$ (mm Pb)
NCRP49- $W$ =1000 mA min/wk at 120 kVcp	15.0	1.93
NCRP49 $-W=294$ mA min/wk at 120 kVcp	4.4	1.49
Simpkin and Dixon	1.03	0.6
This paper w/functional correction	0.10	0.22
This paper w/constant correction (1.14)	0.08	0.19

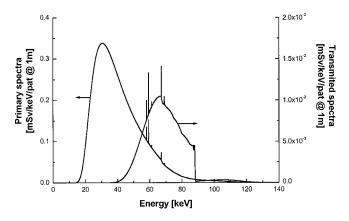


FIG. 14. Primary spectra incident and transmitted through 0.5 mm Pb, considering a typical diagnostic installation (Simpkin—Ref. 6), performing general radiographic techniques.

For the secondary beam, Table XI shows that the estimation for the unshielded dose was around ten times lower than the values obtained by Simpkin and Dixon.<sup>12</sup> Our calculations resulted in  $1.20 \times 10^{-3}$  mSv/mA min at 1 m for the unshielded leakage radiation and  $2.29 \times 10^{-3}$  mSv/mA min at 1 m for the unshielded scatter radiation (total  $3.49 \times 10^{-3}$  mSv/mA min at 1 m), against  $5.32 \times 10^{-4}$  mSv/mA min at 1 m and 3.37  $\times 10^{-2}$  mSv/mA min at 1 m (total  $3.42 \times 10^{-2}$  mSv/mA min at 1 m) for the same unshielded leakage and scatter radiation obtained by Simpkin and Dixon. This discrepancy probably was determined for three reasons: (i) the field size used by Fehrenbacher *et al.*<sup>30</sup> was smaller than the phantom size and, therefore, part of the scattered radiation was attenuated during its path inside the phantom; (ii) the magnitude of  $N_e^{\phi,V}(E,\theta)$  was inferred from output data used in Fehrenbacher's experiments. This magnitude is just a crude approximation of the real value which must be used for the correct evaluation of Eqs. (13) and (14); (iii) the calculation of the unshielded scatter radiation [Eq. (14) considering  $x_{e}$ =0 takes into account the use of Eq. (13), which can only be correctly used when the scattered spectra is generated by its correspondent primary spectra. A more accurate calculation was not done because this kind of data was not found in the literature. The authors believe that a more precise calculation of these spectra can reduce these differences. Anyway, the presented calculation was introduced in this work just to exemplify the use of the presented model and must not be used as a numerical reference.

Comparative results<sup>44</sup> of the application of the NCRP49 method and the formulation presented in this work in two real imaging diagnostic departments show a cost reduction of around 50% when using this optimized process. This value was obtained considering barrier calculations of two real situations performed by using the proposed method and applying a computer program designed by Simpkin.<sup>45</sup> The reduction in costs was estimated by considering the amount of lead necessary to shield these two imaging departments in each case. On average, the proposed methodology implies in using half of the lead thickness necessary to correctly shield these areas, when compared with the necessary thickness obtained by applying the NCRP49 method. This result demonstrates that the development of an optimized methodology for shielding calculation in diagnostic rooms can be associated with a cost-benefit analysis to be performed during the design process of a radiological department.

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